



RE-OPEN: Dancing Dreamers

Dancing Dreamers is an outreach program to help children ages 9 – 14 years realize their dreams through dance. Through the discipline of dance training our program will allow children to express themselves, dig deep, discover their deepest desires, and create dances that embody their dreams. Through this program we strive to break barriers of self-doubt, low self-esteem, and feelings of worthlessness. Often children in low-income and impoverished families repeat the cycle of poverty due to the inability to envision their lives better. Through dance, we will help children use their imaginations and creativity to envision a new path for their lives.

The program length will be determined by the site and outreach teachers. Sites may request the full 12 week program and cover all 10 modules below or they may request a customized “Daydream Program” and choose one or modules from below.

Children will hear from motivational speakers or watch videos each week that will share their story of triumph. They will then have a dance, choreography, and discussion Hip Hop and Contemporary Dance improvisation workshop to express themselves and discover their own dreams. The children will create their own Hip Hop and Contemporary dances. Formal dance lessons will be weaved into the improvisation develop their discipline, internal thinking process, and dance skills. The program will wrap up with a performance presentation from the students.

The 10 Dream Modules

Week - Lesson
1 – Dare to Dream
2 – You have everything you need to succeed
3 – You Are Not Your Past
4 – Your Present is Not Your Future
5 – Discovering Your Passion
6 – Letting Go of Fear
7 – Identifying your Strengths
8 – Embracing Your Flaws
9 – Giving Back to Your Community
10 – The Importance of Fitness and Nutrition for a Successful Life

These ten modules are the cornerstone of Dancing Dreamers that will be presented by live speakers or video presentation. The program will then encompass these topics in dance improvisation and technique that will eventually become concrete choreography in Hip Hop and Contemporary Dance.

Become a Dream Hub

We are looking for locations that serve students ages 9 – 14 years to host our Dancing Dreamers program. The Dancing Dreamers Hub will provide a space, recruit students, and assign a communication liaison for Dancing Dreamers. The hub is responsible for paying for the costs to run a Dancing Dreamers program at your location. In some instances we receive funding through grants to help offset the cost or you may consider applying for a grant to host our program. The 12 week program can be modified to a timeline of your choosing through our “Daydream Program”. However, we believe the full 12 weeks will have the most impact and yield the strongest results. Please contact Princess Johnson at princess@royalexpressions.org or call 336-944-6146 to discuss becoming a Dancing Dreamers Hub and learn of funding opportunities!

- *Daydream Session* (Cost Per Hour): \$70 – includes a Daydream Worksheet for students to take home
- *Full 12-week Program* – without guest speakers: \$720 - includes a Dream Journal, colored pens, and t-shirt for up to 30 students.
- *Full 12-week Program* – with guest speakers: \$2,520 – price varies on if speakers waive fees or not. Includes a Dream Journal, colored pens, and t-shirt for up to 30 students.

Become a Dream Keeper

Our Dream Keepers are the most important part of Dancing Dreamers. They teach our children not only how to dance, but help them reinforce their dreams through movement and improvisation. Dream Keepers will learn the entire Dancing Dreamers Curriculum and become certified to teach at our Dancing Dreamers Hubs. The curriculum can also be used in traditional dance class settings and diversifies your teaching methods. The one-time certification training takes 8 hours and can be done online or at our facilities.

****Online Certification:** \$249 – includes online videos, live Q&As, a Dream Journal, online certification test –written and oral, certification badge will include “online” distinction, option to upgrade to in-person certification for \$100 at any time after completion of course

****In-Person Certification:** \$375 – includes hands-on training, class demos, Q&As, lunch, written and oral certification test, a Dream Journal, full access to the online training

Once certification is complete you will receive a certificate as well as our special Dancing Dreamers digital badge that you can use on your website, social media sites, and printed materials to inform future employers of your additional dance teacher training! All Dream Keepers will be added to our Facebook Group and will have opportunities to teach at our Dancing Dreamers Hubs!

To sign up to become a Dream Keeper email princess@royalexpressions.org or call 336-944-6146 today! Online and in-person trainings happen every quarter. Contact us for the schedule.

Become a Dream Maker

We are looking for individuals and businesses to partner with us to help fund the Dancing Dreamers program. It is our vision to see this curriculum spread world wide. We plan to train teachers to implement the program as well as partner with organizations that serve children ages 9 – 14 years. Here's how you can help:

SPEAK.

Are you a motivational or empowering speaker? We'd love to have you donate your time and come speak to children at one of our Dream Hubs. Contact Princess Johnson at 336-944-6146 or email princess@royalexpressions.org to set up a talk with our Dancing Dreamers!

GIVE.

\$150 covers the cost to have a guest speaker empower up to 30 children.

\$70 covers the cost of a 1 - hour Dancing Dreamers class for up to 30 children

\$27 covers the cost of a Dream Journal and colorful pens to capture the dreams of one child

\$17 covers the cost of a Dream Tee for one child

SPONSOR.

Our partnerships with Dream Hubs are critical to spreading the Dancing Dreamers program worldwide. Dancing Dreamers gives you the opportunity to help children discover the dreams through dance, benefit two organizations, and spread your brand worldwide as we continue to grow our network!

\$475 provides a scholarship to cover the cost of training for one Dream Keeper

- Logo on T-shirts
- A social media shout out
- Invitation to Dream Keeper certificate completion reception and opportunity to speak to graduates

\$720 covers the cost of a Dancing Dreamers program without live speakers at one Dream Hub location

- Logo on T-shirts
- Social Media shout outs throughout the program
- Picture of Dancing Dreamer participants

\$2,520 covers the cost of a Dancing Dreamers program with live speakers at one Dream Hub location

- Logo on T-shirts
- Social Media shout outs throughout the program
- Opportunity to speak to the students. Presentation will be recorded and included in video montage
- Signage and table at wrap-up event
- Picture of Dancing Dreamer participants
- Logo on video montage of program and opportunity to speak in video